

# List of martial arts

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There are many distinct styles and schools of martial arts. Sometimes, schools or styles are introduced by individual teachers or masters, or as a brand name by a specific gym. Martial arts can be grouped by type or focus, or alternatively by regional origin. This article focuses on the latter grouping.

For Hybrid martial arts, as they originated from the late 19th century and especially after 1950, it may be impossible to identify unique or predominant regional origins. It is not trivial to distinguish "traditional" from "modern" martial arts. Chronology is not the decisive criterion, as, for example, "traditional" Taekwondo was developed in the 1950s, while the "modern" hybrid martial art of Bartitsu was developed in ca. 1900.

A large portion of traditional martial arts can be categorized as Folk wrestling (see the separate article), although in some cases a folk wrestling style and a modern combat sport may overlap or become indistinguishable from each other once the sport has been regulated.

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## Africa

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- Engolo

**Egypt**

- Tahtib

**Madagascar**

- Moraingy

**Nigeria**

- Dambe

**Senegal**

- Lutte Traditionnelle

- Senegalese wrestling

**Somalia**

- Istunka

**South Africa**

- Nguni stick-fighting

**Sudan**

- Nuba fighting

## Americas

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**Brazil**

- Brazilian jiu-jitsu

- Capoeira

- Huka-huka
- Luta Livre
- Vale Tudo

## **Canada**

- Defendo
- Okichitaw
- SPEAR System
- Wen-Do

## **Colombia**

- Colombian grima

## **Cuba**

- Juego de maní

## **Haiti**

- Tire machèt

## **United States**

- American Kenpo
- Collegiate wrestling
- Combatives
- Dog Brothers
- Emerson Combat Systems
- Gouging (fighting style)
- Jeet Kune Do
- Jailhouse rock (fighting style)
- Kajukenbo
- Kapu Kuialua
- LINE (combat system)
- Marine Corps Martial Arts Program
- Shootfighting
- Special Combat Aggressive Reactionary System
- 10th Planet Jiu-Jitsu

# **Asia**

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## **Bangladesh**

- Bangladeshi martial arts
- Butthan

## **China**

- Chinese martial arts
- Shaolin Kung Fu
- Wing Chun

## **India**

- Indian martial arts
- Malla-yuddha
- Kalaripayattu
- Vajra-mushti
- Adimurai

## **Indonesia**

- Indonesian martial arts
- Pencak silat
- Tarung Derajat

## **Israel**

- Kapap
- Krav Maga

## **Japan**

- Japanese martial arts

## **Korea**

- Korean martial arts

## **Laos**

- Muay Lao

## **Malaysia**

- Silat

## **Mongolia**

- Mongolian wrestling

## **Myanmar**

- Aka (Burmese martial arts)
- Bando
- Banshay
- Lethwei
- Naban
- Pongyi thaing

## **Cambodia**

- Bokator
- Pradal serey

## **Philippines**

- Filipino martial arts

## **Thailand**

- Krabi–krabong
- Lerdrit
- Muay boran
- Muay Thai
- Silat Pattani

## Turkey

- Matrak

- Oil Wrestling
- Sayokan

## Vietnam

- Vietnamese martial arts

## Sri Lanka

- Angampora

# Europe

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## Finland

- Hokutoryu Ju-Jutsu

## France

- Canne de combat
- French school of fencing
- Gouren
- Qwan Ki Do
- Savate

## Germany

- German school of fencing
- Ringen
- Unifight

## Serbia

- Real Aikido

## Greece

- Ancient Greek boxing
- Greek wrestling
- Pankration

## Iceland

- Glima

## Italy

- Italian martial arts

## Republic of Ireland

- Irish martial arts

## Spain

- Lucha Canaria

## Russia

- Russian martial arts

## Switzerland

- Schwingen

## Ukraine

- Combat Hopak

## United Kingdom

- Bare-knuckle boxing
- Bartitsu
- Catch wrestling
- Combat pistol shooting
- Cornish Wrestling
- Defendu
- English Longsword School
- Historical fencing in Scotland
- World War II combatives
- Suffrajitsu

## Others

- Archery
- Boxing
- Fencing
- Shooting
- Wrestling

# Oceania

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## Australia

- Coreeda

## New Zealand

- Mau rākau

## Samoa

- Limalama

## See also

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- [List of martial arts weapons](#)
  - [Outline of martial arts](#)
  - [List of practice weapons](#)
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